

Hope Sacks are gallon-sized ziploc bags filled with nonperishable food items to distribute to people experiencing food insecurity. The food in these bags do not have to be heated, etc.



Hope Boxes are boxes or grocery sacks filled with nonperishable food items to distribute to people experiencing food insecurity who have a stove and running water.

Ideas for Food

Sacks

- Fruit cups/Applesauce
- Nutrition Bars
- Tuna Snack Packs
- Breakfast Bars
- Peanut Butter Crackers
- Gallon Size Ziploc Bags

Boxes

- Hormel Compleats
- Macaroni & Cheese
- Canned Food
- Cereal
- Pasta Box Meals
- Rice

Register to create HOPE Sacks at a First Saturday Workday
or

Make your own HOPE Sacks at home and drop them off on
the HOPE Carts

**DROP OFF IS AVAILABLE ON OUR HOPE CARTS IN THE
VESTIBULE OF CHRIST THE KING**

Learn more at www.ctkmission.org or contact
Betty Jo King at mission@ctklr.org